



### ABOUT SWIMRITE

SWIMRITE is a nationwide swimming programme for children, introducing and teaching skills needed for confident and competent participation in all water activities. The ability to swim is a very important part of a child's development, not only for the enjoyment that it brings, but to ensure their safety.

The SWIMRITE swimming course is a unique way of teaching swimming. It is designed to teach beginners, intermediate and advanced swimmers.

SWIMRITE forms part of SWIMMING SOUTH AFRICA'S LEARN TO SWIM PROGRAMME. Coaches are trained, affiliated and registered by SSA.

Our teachers create a fun-filled class using specialised equipment and the teaching method is one of reassuring and encouragement, thereby eliminating the intimidating effect of not knowing how to swim. Our aim is to teach children to swim and to develop a love for water.

**SWIMRITE is for all children, regardless of existing ability.**

