



PLAYBALL[©] SPORT PROGRAMS FOR CHILDREN

Playball[©] offers 6 different sport and movement programs for boys and girls between the ages of two and eight. All of the programs are taught in a fun-filled, energetic and positive environment and for the last 25 years children from all over the world have enjoyed the positive impact that our programs have had on their lives.

At face value Playball[©] programs seem to have only two main objectives - improving basic movement skills and refining sport skills and techniques. However the success of this seemingly "sport program" is in actual fact that through competent sports participation, achieved through sound coaching principles, children secure a solid base from which to develop many other and more important aspects of their lives.

Our goal is clear. To teach sport properly so that any child who attends any one of our 6 programs will achieve a measure of competence!

All the programs been developed, improved and re-designed over the past 25 years resulting in a coaching system that is educational and appropriate in every aspect. The programs are age specific, with each of our programs taking into account the difference in the cognitive, emotional and social development of the children taught in each age group.

AGE SPECIFIC PROGRAMS

All of our Coaching Systems[©] are "outcome" based meaning that they are **defined** by what children require at a specific stage in their developmental level – all of our programs are thus age specific and align themselves with the sound educational principle of **teaching children well within the boundaries of their age profile**. Our programs for younger children are more focused on movement development – with a smaller ratio of sport skills, whereas programs for older children have a bigger ratio of sport skills and a smaller percentage of movement skills.

MORE THAN JUST SPORT!

Playball[©] sport coaches recognize that when coaching young children sport, it is not appropriate to teach physical skills in isolation. The emotional, social and cognitive development of the student has an equally important role to play when considering how the student is taught. A very important component of our teaching

methodology, is to make the children aware about social skills, values and norms **whilst developing their physical skills**. This approach is educational and holistic, ensuring that the focus is on the development of the “whole child”. Our approach is a positive one – we believe that positive encouragement and giving the child an opportunity to experience success (however small) results in improved self-concept and confidence which in turn will improve competence.

Playball® is taught in an organized and structured manner. Class numbers are small, children are taught to listen to instructions, to observe demonstrations attentively and to concentrate while attempting the skills. No pressure is placed on the child to achieve! Healthy values are instilled such as treating other students with respect, co-operating well, taking turns, being flexible and being a good sport.

PLAYBALL® - TAUGHT ALL OVER THE WORLD!

The concept has been successful all over the world and is currently teaching children in the USA, Canada, England, Ireland, Wales, Australia, New Zealand, Israel, UAE, Switzerland, Cyprus, Mexico and Southern Africa.

